



Vica Juice Bar

HEALTHY, FIT & GLUTEN FREE

MAIN DISHES

Feta Toast (380 kcal) 1 pz / 2 pz
8,9 € / 13,9 €
Gluten-free bread toast with
vegan pesto, feta cheese, cherry
tomatoes, spinach, and corn
EXTRA: avocado (+90 kcal) + 2€,
egg (80kcal) + 2€

★ **Salmon Toast (450 kcal)** 1 pz / 2 pz
9,9 € / 14,9 €
Gluten-free bread toast with
smoked salmon, homemade
hummus, avocado, salad, and
sesame
EXTRA: egg (+80 kcal) + 2€

Avocado Toast (~350 kcal) 1 pz / 2 pz
8,9 € / 13,9 €
Classic avocado toast with
homemade guacamole, salad,
avocado, sesame, paprika and
gluten-free bread
EXTRA: smoked salmon (+100
kcal) + 4€, egg (+80 kcal) + 2€, feta
(+90kcal) + 3€

CREATE YOUR BOWL

Small Bowl 750 ml 9,9 €
4 ingredients of the day + 1 protein

★ **Large Bowl 1000 ml** 12,9 €
4 ingredients of the day + 2 protein

SWEETS

★ **Banana Bread Homemade** 4,3 €

Raw sweets 4,5 €
various tastes

All our desserts are high in protein, rich
in fiber, and without added sugars!

PORRIDGE BOWLS

Apple Cinnamon (380 kcal) 7,5 €
Oat flakes, oat milk, cinnamon,
apple, walnuts, peanut butter,
maple syrup

★ **Blueberry (420 kcal)** 8,5 €
Oat flakes, oat milk, blueberries,
maple syrup, vegan/Greek yogurt,
granola, peanut butter

Vica Porridge (400 kcal) 8,0 €
Oat flakes, oat milk, vegan/Greek
yogurt, maple syrup, banana,
apple, granola, cinnamon

VICA BOWLS

Yogurt Bowl (350 kcal) 6,9 €
Vegan/Greek yogurt, blueberries,
red fruit jam, granola
EXTRA: collagen & protein powder
(+90 kcal) + 1.5€, plant-based
protein (+50 kcal) + 1.5€, banana
(+50 kcal) + 2€

★ **Açaí Bowl (450 kcal)** 9,0 €
Açaí sorbet, peanut butter, banana,
granola
EXTRA: blueberries (+50 kcal) + 2€,
peanut butter (+100 kcal) + 1€

Chia Pudding Bowl (350 kcal) 8,5 €
Chia seeds, vegan/Greek yogurt,
granola, banana, maple syrup,
peanut butter

All our dishes are prepared with gluten-free, fresh, and high-quality ingredients!



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ENERGY SHOTS

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|--------------------------------------|-------|
| Ginger Apple Kick (30 kcal) | 4 oz |
| Ginger, apple | 3,9 € |
| Golden Zest (15 kcal) | 4 oz |
| Turmeric, lemon, apple, black pepper | 3,9 € |

JUICES

| | |
|--|----------------|
| Green Energy | 12 oz / 16 oz |
| Green apple, celery, ginger, lemon juice | 5,5 € / 6,9 € |
| Rich in vitamins, minerals, and antioxidants | 100 / 130 kcal |

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| Sunshine Boost | 12 oz / 16 oz |
| Orange, carrot, beetroot, ginger | 5,5 € / 6,9 € |
| Rich in vitamin C, antioxidants, and immune system support | 120 / 160 kcal |

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|---|---------------|
| ★ Skin Glow | 12 oz / 16 oz |
| Cucumber, green apple, celery, lemon | 5,5 € / 6,9 € |
| Hydrating, vitamin-rich, antioxidant – for healthy skin | 80 / 110 kcal |

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| Green Detox | 12 oz / 16 oz |
| Spinach, green apple, celery, pineapple | 5,5 € / 6,9 € |
| Purifying, detoxifying, and antioxidant | 90 / 120 kcal |

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| Red Dynamo | 12 oz / 16 oz |
| Beetroot, carrot, red apple, ginger, lemon | 5,5 € / 6,9 € |
| Rich in nitrates, improves blood circulation | 110 / 140 kcal |

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|---------------------|----------------|
| Orange Bliss | 12 oz / 16 oz |
| 100% orange juice | 5,5 € / 6,9 € |
| Rich in vitamin C | 110 / 140 kcal |

ICE DRINKS (12 OZ / 16 OZ)

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|------------------------------------|---------------|
| Milk: almond or oat | |
| Iced Americano (2/3 kcal) | |
| Matcha Latte (80/100 kcal) | 2,9 € / 3,5 € |
| Iced Vanilla Matcha (120/140 kcal) | 3,9 € / 4,7 € |
| Iced Matcha (120/140 kcal) | 4,0 € / 4,7 € |
| Iced Latte (50/65 kcal) | 3,9 € / 4,7 € |
| | 3,9 € / 4,7 € |

HOT DRINKS (8 OZ / 16 OZ)

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|--------------------------------------|---------------|
| Nespresso (2 kcal) | |
| Nespresso Macchiato (9 kcal) | 1,5 € |
| Americano (2/3 kcal) + milk 0,20€ | 1,7 € |
| Cappuccino (100/150 kcal) | 2,0 € / 2,5 € |
| Matcha Latte (120/180 kcal) | 1,8 € / 2,3 € |
| Matcha Latte Vaniglia (140/200 kcal) | 3,5 € / 4,0 € |
| Tisane/Té (0 kcal) | 3,8 € / 4,3 € |
| Golden Milk (60 kcal) | 3,0 € |
| | 3,5 € / 4,3 € |

SHAKES (12 OZ / 16 OZ)

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|---|----------------|
| Gym Power | 12 oz / 16 oz |
| Banana, cocoa, peanut butter, oat milk + coffee shot €1.5 | 6,5 € / 7,9 € |
| Energy, focus, and antioxidants | 350 / 450 kcal |
| Recovery Smoothie | 12 oz / 16 oz |
| Vegan protein, spinach, green apple, avocado, oat milk | 6,5 € / 7,9 € |
| Complete recovery | 320 / 420 kcal |
| Açaí Energy | 12 oz / 16 oz |
| Açaí sorbet, banana, blueberries, almond milk | 6,5 € / 7,9 € |
| Antioxidants, omega 3-6-9, energy & wellness | 160 / 230 kcal |
| Protein Shake | 12 oz / 16 oz |
| Oat or almond milk, collagen, and protein powder | 5,5 € / 6,5 € |
| | 130 / 160 kcal |