

PIATTI PRINCIPALI
- Main Dishes

AVOCADO TOAST — 10,90€
Pane senza glutine tostato con guacamole fatto in casa, avocado, insalata, sesamo e paprika.
Toasted gluten-free bread with homemade guacamole, avocado, greens, sesame and paprika.
EXTRA: Smoked Salmon +€4 · Boiled Egg +€2

NEW!
VICA BALANCE BOWL — 750 ml / 1000 ml — 11,90€ / 13,90€
Riso Basmati, zucca, verdure di stagione cotte al naturale, hummus fatto in casa, avocado e sesamo.
Basmati rice, pumpkin, naturally cooked seasonal vegetables, homemade hummus, avocado, and sesame seeds.
EXTRA: Smoked Salmon +€4 · Boiled Egg +€2 · Beyond Meat +€4 · Waffle +€3,50

NEW!
VICA BURGER — 14,90€
Hamburger vegetale, avocado, pomodoro, insalata croccante e salsa BBQ, serviti in un bun vegano e senza glutine.
Beyond Meat, avocado, fresh tomato, crunchy salad and BBQ sauce, served in a vegan and gluten-free bun.
EXTRA: Beyond Meat +€4 · Avocado +€2 · Boiled Egg +€2

NEW!
SALMON & AVOCADO WAFFLE — 12,90€
Waffle senza glutine leggermente dolce con salmone affumicato, avocado, crema di feta e insalata.
Lightly sweet gluten-free waffle with smoked salmon, avocado, feta cream and salad.
EXTRA: Smoked Salmon +€4 · Avocado +€2 · Boiled Egg +€2

SALMON TOAST — BEST SELLER — 12,50€
Pane senza glutine tostato con salmone affumicato, hummus fatto in casa, avocado, insalata e sesamo.
Toasted gluten-free bread with smoked salmon, homemade hummus, avocado, greens and sesame.
EXTRA: Avocado +€2 · Boiled Egg +€2

Vica Juice Bar
HEALTHY, FIT & GLUTEN FREE

SWEET OPTION
BANANA BLISS WAFFLE — 8,90€
Waffle senza glutine con burro di arachidi, banana, sciroppo d'acero, granella di pistacchio e cioccolato fondente.
Gluten-free waffle with peanut butter, banana, maple syrup, chopped pistachios and dark chocolate.
EXTRA: Peanut Butter +€1 · Pistachio Cream +€1,50

GLUTEN FREE · FRESH · NATURAL



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HEALTHY, FIT & GLUTEN FREE

SWEET BOWL

YOGURT BOWL BEST SELLER 7,90€

Yogurt greco o vegan, mirtilli, marmellata ai frutti rossi e granola fatta in casa.
Greek or vegan yogurt with blueberries, red berry jam and homemade granola.
EXTRA: Banana +€2 · Whey Protein or Vegan Protein +€1,50

AÇAÍ BOWL 9,00€

Sorbetto di açaí, banana, burro d'arachidi e granola croccante.
Açaí sorbet with banana, peanut butter and crunchy granola.
EXTRA: Blueberries +€2

CHIA PUDDING 8,50€

Chia pudding cremoso con yogurt greco o vegano, banana, granola, burro d'arachidi e sciroppo d'acero.
Creamy chia pudding with greek or vegan yogurt, banana, granola, peanut butter and maple syrup.
EXTRA: Blueberries +€2

DOLCETTI
- Sweets

HOMEMADE BANANA BREAD 4,50€

Fetta di banana bread fatto in casa.
Homemade banana bread.
EXTRA: Banana +€1 · Peanut Butter +€1

RAW SWEETS 4,90€

Dolcetti fatti in casa senza cottura, disponibili in diversi gusti.
Homemade no-bake treats, available in different flavours.

PORRIDGE

APPLE CINNAMON 7,90€

Fiocchi d'avena con latte d'avena, mela, cannella, noci, burro d'arachidi e sciroppo d'acero.
Oats with oat milk, apple, cinnamon, walnuts, peanut butter and maple syrup.
EXTRA: Peanut Butter +€1 · Banana +€2

BLUEBERRY BEST SELLER 8,90€

Fiocchi d'avena con latte d'avena, mirtilli, yogurt, granola, burro d'arachidi e sciroppo d'acero.
Oats with oat milk, blueberries, yogurt, granola, peanut butter and maple syrup.
EXTRA: Whey Protein or Vegan Protein +€1,50 · Banana +€2

VICA PORRIDGE 8,50€

Fiocchi d'avena con latte d'avena, yogurt, banana, mela, granola e cannella: il nostro porridge signature.
Oats with oat milk, yogurt, banana, apple, granola and cinnamon: our signature porridge.
EXTRA: Peanut Butter +€1 · Pistachio Cream +€1,50



GLUTEN FREE · FRESH · NATURAL

ESTRATTI
- Juices

GREEN KICK — 12 oz / 16 oz — **€5,90 / €7,90**
Mela verde, sedano, zenzero e limone.
Green apple, celery, ginger and lemon.

GOLDEN GLOW BEST SELLER — 12 oz / 16 oz — **€5,90 / €7,90**
Arancia, carota, barbabietola e zenzero.
Orange, carrot, beetroot and ginger.

FRESH GLOW — 12 oz / 16 oz — **€5,90 / €7,90**
Cetriolo, mela verde, sedano e limone.
Cucumber, green apple, celery and lemon.

TROPICAL GREEN — 12 oz / 16 oz — **€5,90 / €7,90**
Spinaci, mela verde, sedano e ananas.
Spinach, green apple, celery and pineapple.

RUBY RUSH — 12 oz / 16 oz — **€5,90 / €7,90**
Barbabietola, carota, mela rossa, zenzero e limone.
Beetroot, carrot, red apple, ginger and lemon.

SUNNY ORANGE — 12 oz / 16 oz — **€5,90 / €7,90**
100% succo d'arancia, fresco e naturalmente dolce.
100% orange juice, fresh and naturally sweet.

ENERGY SHOTS

GINGER APPLE KICK — **€3,90**
Un concentrato fresco e deciso di zenzero e mela.
A fresh and vibrant shot of ginger and apple.

GOLDEN ZEST — **€3,90**
Curcuma, limone, mela e pepe nero.
Turmeric, lemon, apple and black pepper.

FRULLATI
- Smoothies

GYM POWER BEST SELLER — 12 oz / 16 oz — **€6,90 / €8,90**
Banana, cacao, burro d'arachidi e latte d'avena.
Banana, cacao, peanut butter and oat milk.
EXTRA: Coffee Shot +€1,50 · Whey Protein or Vegan Protein +€1,50

NEW!
PISTACHIO SHAKE — 12 oz / 16 oz — **€7,50 / €9,90**
Banana, yogurt vegan o greco, latte d'avena e crema 100% pistacchio.
Banana, vegan or Greek yogurt, oat milk and 100% pistachio cream.
EXTRA: Coffee Shot +€1,50 · Whey Protein or Vegan Protein +€1,50

AÇAÍ BERRY — 12 oz / 16 oz — **€6,90 / €8,90**
Açaí, banana, mirtilli e latte di mandorla.
Açaí, banana, blueberries and almond milk.
EXTRA: Whey Protein or Vegan Protein +€1,50

NEW!
VANILLA PROTEIN CLOUD — 12 oz / 16 oz — **€6,90 / €8,90**
Banana, proteine alla vaniglia, burro d'arachidi , cannella e latte d'avena.
Banana, vanilla protein, peanut butter, cinnamon and oat milk.
EXTRA: Whey Protein or Vegan Protein +€1,50



ICED DRINKS

ICED AMERICANO — 12 oz / 16 oz — **€2,90 / €3,50**
Espresso e acqua serviti con ghiaccio.
Espresso and water served over ice.

NEW!
ICED CARAMEL MATCHA — 12 oz / 16 oz — **€4,00 / €4,90**
Matcha cremoso con latte e una delicata nota di caramello.
Creamy matcha with milk and a delicate caramel note.
LATTE: Mandorla o Avena - **Almond or Oat**

NEW!
STRAWBERRY MATCHA LATTE — 12 oz / 16 oz — **€4,00 / €4,90**
Matcha cremoso, latte e fragola per un mix fresco, dolce e vellutato.
Creamy matcha, milk and strawberry for a fresh, sweet and silky blend.

ICED MATCHA LATTE — 12 oz / 16 oz — **€4,00 / €4,90**
Matcha e latte serviti con ghiaccio per un gusto cremoso e intenso.
Matcha and milk served over ice for a creamy and vibrant taste.
LATTE: Mandorla o Avena - **Almond or Oat**

ICED LATTE — 12 oz / 16 oz — **€3,90 / €4,70**
Espresso e latte serviti con ghiaccio, cremosi e rinfrescanti.
Espresso and milk served over ice, creamy and refreshing.
LATTE: Mandorla o Avena - **Almond or Oat**

HOT DRINKS

ESPRESSO — **€1,50**
Caffè espresso, intenso e aromatico.
Rich and aromatic espresso.

ESPRESSO MACCHIATO — **€1,70**
Espresso con schiuma di latte d'avena o mandorla.
Espresso with oat or almond milk foam

AMERICANO — 8 oz / 16 oz — **€2,00 / €2,90**
Espresso allungato con acqua calda.
Espresso topped with hot water.
LATTE: Mandorla o Avena - Almond or Oat +€0,50

CAPPUCCINO — 8 oz / 16 oz — **€2,30 / €2,90**
Espresso e latte di mandorla o avena montato.
Espresso and frothed almond or oat milk.

MATCHA LATTE — 8 oz / 16 oz — **€4,00 / €4,90**
Matcha e latte montato.
Matcha and steamed milk.

NEW!
MATCHA CARAMEL LATTE — 8 oz / 16 oz — **€4,30 / €5,00**
Matcha cremoso con una delicata nota di caramello.
Creamy matcha with a delicate touch of caramel.

TISANA / TÈ — **€3,90**
Una selezione di infusi e tè da gustare caldi.
A selection of teas and herbal infusions served hot.

GOLDEN MILK — 8 oz / 16 oz — **€3,90 / €4,40**
Latte caldo speziato con curcuma e un tocco aromatico.
Warm spiced milk with turmeric and aromatic notes.

